

# Cosmetology

## DAY/EVENING PROGRAMS

### **Li** Lincoln Campus

#### **DP801—DIPLOMA PROGRAM**

day. . . approximately 53 weeks (including holidays and scheduled breaks), 1500 instructional hours, 63.0 program credits

eve. . . approximately 65 weeks (including holidays and scheduled breaks), 1500 instructional hours, 63.0 program credits

**\*The listing of credits is not meant to imply that credits can be transferred into college or other private career school programs. Transfer credits are at the sole discretion of the receiving school.**

#### program objective

The Cosmetology program prepares students for entry-level positions within the cosmetology industry. Topics covered include, Haircutting and Styling, Hair Design, Color Design, Perm Design, Ladies and Men's Hair Sculpture, Skin, and Nails. The student will also learn excellence in customer service with an emphasis on communication.

Upon successful completion of this program, graduates are encouraged to sit for the state licensing exam. The program is designed to prepare students for entry-level jobs as a hairdresser, makeup artist, esthetician, and nail technician.

number	course	lecture hours	lab hours	total hours	total credits	prerequisites
COS151	Hair Designing Basics I	75	75	150	7.5	
COS152	Hair Designing Basics II	75	75	150	7.5	COS151
COS153	The Study of Skin and Nails	30	120	150	6.0	COS151, COS152
COS154	Haircutting and Styling	30	120	150	6.0	COS151, COS152
COS155	Anatomy and Physiology	30	120	150	6.0	COS151, COS152
COS156	Chemistry and Chemical Procedures	30	120	150	6.0	COS151, COS152
COS157	Salon Success	30	120	150	6.0	COS151, COS152
COS158	Design Forum I	30	120	150	6.0	COS151, COS152
COS159	Design Forum II	30	120	150	6.0	COS151, COS152
COS160	Career Transition	30	120	150	6.0	COS151, COS152
TOTALS		390	1110	1500	63.0	

Note: Course numbers and sequences are listed here for reference only. The actual delivery sequence of courses contained in this program may vary depending on individual campus scheduling.



#### **LINCOLN CAMPUS**

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*This program may not be offered at all campuses.*

**LOANS AND GRANTS AVAILABLE TO THOSE WHO QUALIFY**

**COS151 – HAIR DESIGNING BASICS I***150 Contact Hrs (75 Lecture, 75 Lab); 7.5 Credits*

This course is designed to provide the student with knowledge and skill in the areas of basic hair sculpting, designing, color and perm design. The student will learn the four basic forms which are the foundation of all hair cuts, basic color and perm placement on those four forms, the law of color, and how to manipulate the hair and achieve the desired end result. The student will also study trichology including the basic composition, structure, and function of hair; in addition to draping, shampooing and scalp massage. In addition, the student will learn basic communication skills including respect, integrity, personality basics, balance, body language, speaking and listening as well as professional etiquette, goal setting and personal organization. In all, the student will gain the foundation that is needed to be able to function in the field of cosmetology.

*Prerequisite(s): None***COS152 – HAIR DESIGNING BASICS II***150 Contact Hrs (75 Lecture, 75 Lab); 7.5 Credits*

Hair Designing Basics II continues to teach the student about the four basic forms and how they relate to basic color on those four forms, as well as how to manipulate the hair and achieve a multitude of results. This course is designed to provide the student with knowledge and skill in the areas of basic hair sculpting, designing, color and chemical texturizing. The student will learn the basics of men's hair sculpting including design analysis, form, weight, designing principles, design decisions, sculpting procedures, planar sculpting, graduation, and over comb techniques. This course will also cover clinical texturizing and color theory, infection control and safety measures, and client consultation. Identifying existing hair color and changing existing hair color are the two elements that utilize color theory to create the fundamentals of hair coloring. The student will also learn goal setting, the 80/20 rule, personal organization, budget basics, time saving strategies, and stress management.

*Prerequisite(s): COS151***COS153 – THE STUDY OF SKIN AND NAILS***150 Contact Hrs (30 Lecture, 120 Lab); 6.0 Credits*

This course is designed to provide the student with knowledge and skill in the areas of Skin and Nails. Elements of instruction for the study of skin include; functions, composition, types, diseases, disorders, massage, facial masks and essentials, infection control and safety measures, client consultation for skin care, hair removal and make-up. Step-by-step procedures are offered for basic facial, basic waxing and basic make-up application. The study of nails, nail structure, growth, diseases, conditions, shapes, essentials, infection control and safety, client consultation, and natural are the primary items of discussion for the sessions on the study of nails. Step-by-step practical procedures are offered for basic manicure, male manicure, and basic pedicure.

*Prerequisite(s): COS151, COS152***COS154 – HAIRCUTTING AND STYLING***150 Contact Hrs (30 Lecture, 120 Lab); 6.0 Credits*

This course is designed to provide the student with knowledge and skill in the areas of haircutting and styling. The fundamentals of haircutting, including form, essentials, infection control and safety, and the client consultation are the elements of information that provide the basis for the basic

practical applications of haircutting. The student will learn how to use indicators when making decisions about the composition of hair designs during a client consultation including proportion, hair, personality, clothing, lifestyle, communication, design elements and design principles. The student will be introduced to the theory of hairstyling, thermal styling, wet styling, long hair styling, infection control and safety measures, and client consultation elements to the foundation of hairstyling.

*Prerequisite(s): COS151, COS152***COS155 – ANATOMY AND PHYSIOLOGY***150 Contact Hrs (30 Lecture, 120 Lab); 6.0 Credits*

This course is designed to provide the student with knowledge and skill in the areas of anatomy and physiology, electricity, electrotherapy and client relationships. The building blocks of the human body and the basic body systems lead the way to an understanding of cells, tissues, organs, and the eight major body systems that include the skeletal, muscular, circulatory, nervous, digestive, excretory, respiratory and endocrine systems. The student will learn the main content ideas to support electricity in cosmetology including the vocabulary of electricity, effects of electric currents, electrotherapy and light therapy, and safety measures.

*Prerequisite(s): COS151, COS152***COS156 – CHEMISTRY AND CHEMICAL PROCEDURES***150 Contact Hrs (30 Lecture, 120 Lab); 6.0 Credits*

This course is designed to provide the student with knowledge and skill in the areas of chemistry and chemical procedures. The student will learn about matter as it builds to elements and compounds, the pH scale depicting the differences between acid and alkaline properties and the chemistry of cosmetics pertaining to cosmetic classifications, shampoos, rinses and conditioners, perms, relaxers, curl reformation, hair color, and product information. The student will also learn chemical texturizing including the history, theory, and essentials of perming, as well as infection control and safety measures, and client consultation for perming, chemical relaxing and curl reforming. In this course the student will learn the scientific approach to hair sculpture, and sculpted form, and its relationship to hair design. The student will gain an understanding of how to make design decisions that involve adding texture and color to solid, graduated, increase-layered, uniformly layered and combination forms. The student will also learn the scientific approach to color and perm design as a component of the total design composition, making a clear correlation between color and texture and its dynamic effects of the sculpted form. The history, composition, colors, construction, essentials, infection control and safety measures, services, hairpieces and air addition methods provide the core subject matter of the sessions of wigs and hair addition.

*Prerequisite(s): COS151, COS152***COS157 – SALON SUCCESS***150 Contact Hrs (30 Lecture, 120 Lab); 6.0 Credits*

This course will help students launch successful careers by creating extraordinary relationships with clients. With the essential life skills as an inner foundation, students can now concentrate on making the most of the impact they have on other people by understanding who the best clients are and how to attract those clients to the services being offered; how to deliver an experience to clients that is so special that they will come back again and again and how to

make career decisions and set goals that will be most productive toward professional success.

*Prerequisite(s): COS151, COS152***COS158 – DESIGN FORUM I***150 Contact Hrs (30 Lecture, 120 Lab); 6.0 Credits*

This course is designed to provide the student with knowledge and skill in the areas of design forum cutting and coloring techniques. The student will learn design principles utilized in creating long hair designs, as well as long hair design techniques including 3, 5, & 9-strand over braid and under braid, and double and multiple loops. This course is designed to enhance student learning by shifting between action and reflection in the five-step walk thru process, which encourages students to observe what they see on the clinic floor, reflect and write about it and share ideas with fellow students during group discussions.

*Prerequisite(s): COS151, COS152***COS159 – DESIGN FORUM II***150 Contact Hrs (30 Lecture, 120 Lab); 6.0 Credits*

This course is designed to provide the student with knowledge and skill in the areas of advanced design forum cutting and coloring techniques. The student will learn the basics of design analysis, form, weight, designing principles, design decisions, sculpting procedures, planar sculpting, graduation, and over comb techniques used in men's hair sculpting. The student will learn solid form sculpture, uniform/increase sculpture, uniform sculpture, uniform sculpture with clipper, and beard/goatee/mustache techniques of sculpture on a bearded mannequin. This course is designed to enhance student learning by shifting between action and reflection in the five-step walk thru process, which encourages students to observe what they see on the clinic floor, reflect and write about it and share ideas with fellow students during group discussions.

*Prerequisite(s): COS151, COS152***COS160 – CAREER TRANSITION***150 Contact Hrs (30 Lecture, 120 Lab); 6.0 Credits*

This course offers instruction in preparation for licensure and job placement. In addition, preparation for written and practical mid-term and final examinations in mock settings, along with assigned review sessions help prepare students for the actual licensure-testing process. Regulatory laws, rules and regulations, and school policies and procedures are required topics and serve as the foundation for professional compliances. Infection control procedures are identified along with fees, hours or credit requirements and other pertinent, related information

*Prerequisite(s): COS151, COS152*